



Press Release

Waiting for Heaven: Finding Beauty in the Pain and the Struggle

by Heather Gillis

PHOENIX, AZ. Heather Gillis remembers her tragedy of losing a child in *Waiting for Heaven: Finding Beauty in the Pain and the Struggle* (WestBow Press).

Gillis and her husband anticipated the birth of their third child, Bowen. He arrived on April 7th, the same day as his father's birthday. However, the dreams of a healthy baby shattered the moment Bowen was born. Immediately, doctors took him to the neonatal intensive care unit for testing, and soon diagnosed him with polycystic kidney disease (PKD), an illness fatal in babies. Thirteen days later, Bowen died in his parents' arms.

Waiting for Heaven is Gillis' story of rediscovering herself after her son's death. Heather shares how the pain of child loss can be devastating and crippling, but she also describes how to find joy and beauty in the pain, through God's love. She also used her love of running to ease the pain. This love qualified her for the 2013 Boston Marathon. Gillis crossed the finish line before the bombings hit, realizing we're never exempt from tragedy. Life's marathon can be grueling, but Heather shares the steps toward hope and healing.

About the Author

Heather Gillis resides in Phoenix with her two living children and husband, Mac. She works part-time as a certified registered nurse anesthetist. Heather and her husband founded Bowen's Hope, devoted to helping kidney disease kids and their families. Learn more information at www.bowenshope.com. Proceeds for this book benefit Bowen's Hope.